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Asian Journal of Nursing Education and Research (AJNER)

Volume 01, Issue 04, October-December 2011

ABSTRACT

RESEARCH ARTICLES

Sex Education

R. Adlin Pon Joy.....101

Lecturer, Department of Medical Surgical Nursing, College of Nursing, Sri Ramakrishna College of Nursing, Coimbatore.

Effectiveness of Breathing Exercise on Patients with Bronchial Asthma in Out Patient Department of P. S. G. Hospital, Coimbatore.

A. Annalakshmi.....103

College of Nursing, Sri Ramakrishna Institute of Paramedical Sciences, Coimbatore - 641044.

ABSTRACT:

An interventional study was carried out to improve peak expiratory flow rate of bronchial asthma patients. The study was conducted in pulmonology out patient department of P.S.G Hospital, Coimbatore. The design chosen was one group pre-test post test design and purposive sampling was used to select the sample of fifty subjects with bronchial asthma. The result showed a significant improvement of peak expiratory flow rate after breathing exercise.

KEY WORDS: bronchial asthma, breathing exercise, peak expiratory flow rate.

A Study on Psycho Social Problems of Senior Citizens Residing at Home for Aged, Karaikal.

N. Sujatha.....105

Lecturer, Vinayaka Mission's College of Nursing, Karaikal, Puducherry State.

ABSTRACT:

Old age, which begins at approximately sixty years, is characterized by certain physical and psychological changes that are far more likely to lead to poor adjustments and happiness than to good adjustments. There are marked individual differences in the effects of aging, with physical aging, as a general rule, proceeding psychological aging. This research consists of all relevant aspects of Psycho Social problems of senior citizens to find out various conditions and the way to solve the problems related to social as well as psychological aspects.

KEY WORDS:

Effect of Foot Reflexology on Pain among Cancer Patients in Oncology Ward, Sri Ramakrishna Hospital, Coimbatore.

R. Adlin Pon Joy.....107

Lecturer, Department of Medical Surgical Nursing, College of Nursing, Sri Ramakrishna Institute of Para Medical Sciences, Coimbatore-44.

ABSTRACT:

An interventional study was conducted to identify the effect of foot reflexology on pain among cancer patients in Oncology Ward of Sri Ramakrishna Hospital, Coimbatore. Quasi experimental pre-test and post-test control group design was adopted for the present study. A purposive sample of 26 patients were selected and assigned randomly to experimental and control group. The baseline data was collected from the patient's record and pain intensity was assessed by using Numerical Pain Rating Scale. Foot reflexology was given for 30 minutes to the experimental group. The pain intensity score was assessed for both groups after foot reflexology. The results revealed that there is a significant reduction in pain after foot reflexology in the experimental group.

KEY WORDS: Foot Reflexology, Pain, Cancer, Effect

Feeding Among Caregivers of Cerebral Palsy Children.

Amirtha Lourdu Mary. I.109

College of Nursing, Sri Ramakrishna Institute of Paramedical sciences, Siddhapudur, Coimbatore-44

ABSTRACT:

Introduction

Feeding and eating are important activities that allow individuals to maintain adequate growth in the children with cerebral palsy. They are at risk because of oral, pharyngeal or esophageal dysphagia. oral motor dysfunction (OMD), communication difficulties that may deteriorate their health status. Focusing on the nutritional aspects may help them to maintain their health status. So the investigator was interested to conduct a research study to bring awareness among care-givers.

Material and methods:

A quasi experimental non equivalent control group design was adopted for this study. There were 30 caregivers, 15 in each control and experimental groups were selected. Through non probability purposive sampling technique the samples were selected and assessed by means of a structured questionnaire and observation check list. Health education cum demonstration on feeding practice of cerebral palsy children was given to the experimental group. The data was analyzed by means of descriptive and inferential statistics.

Results and findings:

The care-givers of CP children had moderately adequate knowledge and feeding practice during the pre-test. The experimental group gained more knowledge score than the control group of caregivers in the post-test. This is proved by 't' test ($n = 30$) = 16.22 ($p < 0.01$). The health education and demonstration on feeding practices was found to be effective and the care-givers improved their feeding practice and reduced their feeding difficulties and problems to their children.

Conclusion:

Research hypothesis stated was accepted. It was concluded that there is a need to improve the knowledge and practice of feeding the cerebral palsy children among the care-givers.

KEY WORDS: Care-giver, Cerebral palsy children, feeding practices, health education.

Education to Nursing Students on Collection, Preservation and Utilization of Cord Blood Stem Cells
K. Sasikala.....113

College of Nursing, Sri Ramakrishna Institute of Paramedical Sciences, Coimbatore -44.

Nursing Journal Club: A Primer on Use of Journal Club in Nursing Education

Hetzy Xylophone.....117

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ABSTRACT:

Nursing research is a vital component to the health care field. Nursing research helps implement new changes in the life long care of individuals and is used to develop treatments that provide the most optimum level of care. Hence, it is essential for nurses in research and nursing students in general to be able to find the research articles in various nursing specialization and topics and to update their knowledge to the current research and latest trends in the nursing research. There is growing interest in various methods of teaching critical appraisal skills at undergraduate and postgraduate levels of nursing. Learning to critically read, write, and evaluate scientific papers is one of the most important long-term skills required for success in science, both during and after graduate training. In this perspective, journal club approach is an innovative and enjoyable method for teaching in nursing. This article describes an approach using the journal club to teach critical appraisal and writing skills to nursing students.

KEY WORDS: Nursing Research, Journal club, Critical appraisal, and Teaching method in Nursing.

Multi Methodology – Research Methodology for Psychiatric Nursing

Roja Princy.....120

Reader, P G College of Nursing, Bhilai CG

Ramsay Hunt Syndrome (RHS)

P. Balakrishnan.....123

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Education to Mothers of Under Fives on First aid Measures for Home Accidents at Nadu Arasur, Coimbatore

R. Adlin Pon Joy.....125

Lecturer, Department of Medical Surgical Nursing, College of Nursing, Sri Ramakrishna Institute of Para Medical Sciences, Coimbatore-44.

ABSTRACT:

A study was undertaken to educate the mothers of under fives on first aid measures for home accidents at Naduarasur, Coimbatore. One Group Pre test, Post test design was adopted for the study. A convenient sample of 30 mothers who consented for the study was selected. Pretest was conducted to assess the knowledge by using the structured questionnaire which consisted of thirty three set of questions. After the knowledge assessment one to one education was given regarding first aid measures for home accidents. post test knowledge was assessed using the same questionnaire. The results revealed that in the pre test inadequate knowledge prevailed and after education there was an improvement in knowledge on first aid measures for home accidents.

KEY WORDS: Mother, Children, Education, First aid, Home accidents
